



## **INTERNATIONAL SYMPOSIUM on Winter Sports Medicine**

Seefeld, February 25<sup>th</sup>, 2019

### **PROGRAM**

#### **13.30 – 15.30**

*Chair: H. Hörterer, Germany; S. Euler, Austria*

Introduction (H. Hörterer, FIS)

Return to Sport after concussion (R. Beer, Innsbruck, Austria)

Return to Sport after knee injury (Ch. Fink, Innsbruck, Austria)

Injuries during Winter Olympic Games (L. Engebretsen, Oslo, Norway)

#### **15.30 - 16.00** Coffee Break

#### **16.00 - 18.00**

*Chair: P. Baumgartl, Austria; W. Schobersberger, Austria*

High Altitude Training as performance enhancing method!? (H. Gatterer, Bolzano, Italy)

Recent advances in sports drug testing approaches (M. Thevis, Cologne, Germany)

Cold and Exercise (M. Bartscher, Innsbruck, Austria)

Jet Lag Management for elite athletes (W. Schobersberger, Innsbruck/Hall, Austria)

#### **Location:**

Kongress Seefeld / Saal Olympia / Klosterstraße 600 / 6100 Seefeld

#### **Organizer:**

Austria Ski WM und Großveranstaltungen Ges.m.b.H Innsbruck

#### **Scientific Organization:**

Univ.-Prof. Dr. Wolfgang Schobersberger, Chief Medical Officer Seefeld 2019

Dr. Hubert Hörterer, Chairman of FIS Medical Committee

#### **Conditions for Participation:**

The symposium is for team physicians, team physiotherapists and all other physicians interested. The entrance is free of charge.

#### **Symposium Office:**

A written pre-registration is needed. Registration forms under: [www.isag-sportmedizin.at](http://www.isag-sportmedizin.at)

#### **DFP-Creditability:**

Allgemeinmedizin: 5 Punkte

Diplom Alpin- und Höhenmedizin:

Theorie: 5 Stunden

Diplom Sportmedizin: 5 Stunden

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